

# FINNS

Monday—Sunday 7:00AM—12:00PM

## JUICES | 10

### Iron Woman

*kale, spinach, apple, celery, lemon, ginger*

### Wake Me Up

*carrots, orange, grapefruit, lemon, mint*

### The Detoxifier

*apple, beet, carrot, celery, lemon, ginger*

## SMOOTHIES | 12

### The Classic

*mixed berries, greek yogurt, mint, orange juice*

### Nutty Monkey

*banana, medjool dates, almond milk,  
almond butter, chia seeds*

## WHALEBIRD KOMBUCHA | 11

## ADDITIONAL SUPPLEMENTS | 1

bee pollen

flax seeds

chia seeds

spirulina

almond butter

soy protein

wheat protein

hemp protein

## LATTES

Turmeric Ginger Chai Latte | 7

Matcha Latte | 7

## BITES

### Yogurt Parfait | 8

*greek yogurt, mixed berries, granola,  
honey, goji berries*

### Avocado Toast | 12

*country bread, crushed avocado,  
organic boiled egg*

### Mini Muffin | 2

*blueberry, bran, lemon poppy seed*

### Croissants | 4

*plain, chocolate  
with ham and cheese | 8*

### Bagel | 4

*plain, sesame, onion  
with lox | 12*

## BREAKFAST BOWLS

### Tropical | 9

*yogurt, mango, pineapple, granola,  
coconut shavings, chia seeds, bee pollen*

### BLT | 7

*quinoa, arugula, organic boiled egg, bacon,  
tomatoes, lemon - vinaigrette, herbs*

### Breakfast Burrito | 7

*quinoa, black beans, avocado,  
organic boiled egg, tomatoes, peppers,  
onions, salsa  
optional: jalapeño*